



# Locker Room Policy

## Locker Room Monitoring

Kitimat Minor Hockey Association believes that consistent monitoring inside of the locker rooms and changing areas will insure the most effective way to prevent incidents. There should always be two adults (that are certified /screened) in the dressing room (“Two Deep Method” of supervision). If this is not practical, supervisor(s) must be within hearing distance of the locker room in order to protect the players.

When players are left unattended in the change room, either a coach or manager **must** be stationed directly outside of the locker rooms and changing areas during periods of use. Locker room doors shall be left open only when adequate privacy is still possible, so that only participants (coaches and players), approved team personnel, and family members are permitted in the locker room. Team personnel will also secure the locker room appropriately during times when the team is on the ice.

Upon completion of the game or practice, coaches and /or team managers will conduct a sweep of the locker rooms and shower areas to ensure that the facility is left in proper order for the next user group; i.e. floor is to be free of trash, water stays in the shower room. It is the teams’ responsibility to leave the locker room facilities in a clean and tidy condition.

## Dressing Room

Players should be supervised at all times. A lone personnel member should never be in the dressing room with players at any time, and especially when they are showering or changing: two (2) adults should be present together; which is called the “Two Deep Method” of supervision. Should separate dressing rooms be required, both dressing rooms require the appropriate adult supervision. Please refer to the BC Hockey Co-ed Dressing Room Policy.

## Injury Treatment

The safety person should avoid treating injuries out of sight of others. Use the “Two Deep Method” (two adults) supervision system.

## Female Teams

Recommend that when using the “Two-Deep Method” with female hockey teams, there shall be 2 female supervisors with the players where possible. If not possible there may be one (1) male and one (1) female supervisor. The male supervisor however, would not enter the dressing room but would be within hearing distance to protect supervisors or players. Please refer to the BC Hockey Co-ed Dressing Room Policy for dressing room dress codes on Co-ed teams.

## Road Trips

Ideally, team personnel and players should not share accommodations, regardless of the potential cost savings or other benefits. If sharing a room is unavoidable, be sure that the “Two Deep Method” rule is observed at all times.

## **Physical Contact**

Team personnel should avoid touching a player. Use the “Two Deep Method” (two personnel, or two players) supervision system. The comfort level and dignity of the player should always be the priority. Limit touching to “safe areas” such as hand to shoulder.

## **Isolated Spaces**

Parents/guardians should never leave their child unsupervised in a facility, nor should they leave their child alone with a single personnel member (use the Two Deep Method supervision system).

## **Sport and Training Facilities**

Participants who are minors should never be left waiting in a facility without the supervision of their parent/guardian or personnel member (use the Two Deep Method).

## **Parents in Locker Rooms**

Except for players at the younger age groups [Pre-Novice through Atom], we discourage parents from entering locker rooms unless it is truly necessary. If a player needs assistance with his or her uniform or gear, if the player is or may be injured, or a player’s disability warrants assistance, then we ask that parents let the coach know beforehand that he or she will be helping the player.

Naturally, with our youngest age groups it is necessary for parents to assist the players getting dressed. We encourage parents to teach their players as young as possible how to get dressed so that players will learn as early as possible how to get dressed independently. In circumstances where parents are permitted in the locker room, coaches are permitted to ask that the parents leave for a short time before the game and for a short time after the game so that the coaches may address the players. As players get older, the coach may in his or her discretion prohibit parents from a locker room. In general, parents should not enter the dressing room if the players undress to less than shorts and t shirts.

## **Co-Ed Dressing Room Policy**

1. In all cases where members of a team include both male and female players, the following dress code will apply in the team dressing room:
  - a. Male players will not undress to less than a minimum of shorts while females are present.
  - b. Female players will not undress to less than a minimum of shorts and a tee-shirt while males are present.
2. When separate facilities exist for both male and female participants, males and females shall make use of these separate facilities in order to change to the point that they can adhere to the co-ed dress code noted above (Note: Once dressed in accordance with the minimum requirements above, all players may return to the team [co-ed] dressing room).
3. When separate facilities do not exist for both male and female participants:
  - a. Players shall dress, undress and shower in shifts while maintaining the minimum dress code noted above.
  - b. Players of the under-represented gender shall be granted access to the shower facilities after the balance of the team.
4. It is the responsibility of the team to ensure that these guidelines are followed.

### **Use of Showers:**

Shower facilities are provided at KMHA home arena(s). These showers are for the convenience and hygiene of our players. The privacy of youth must be respected at all time. Coaches, parents and managers must respect the privacy of youth players and intrude only to the extent that health and safety require. Adults must protect their own privacy in similar situations.

- Adults **shall not** shower at the same time using the same facility as youth players.
- Players must exercise modesty while using showers. Player should be covered with towel) when walking to and from shower area.

### **Smart Phones and Other Mobile Recording Devices:**

Mobile devices with recording capabilities, including voice recording, still cameras and video cameras, are **not permitted to be used in the locker rooms**. If music devices are to be used then they must be connected to head phones or wirelessly to a speaker and kept in a bag or pocket. If phones or other mobile devices must be used, they should be taken outside of the locker room. Cell phones should be turned off and put away at all times in locker rooms or left with a parent. KMHA is not responsible for lost or damaged Smart Phones, Mobile devices or music equipment.

### **Prohibited Conduct and Reporting**

KMHA prohibits all types of abuse; physical, sexual, emotional, this also includes bullying, threats, harassment, and hazing, as described in the KMHA Policy and Procedure manual, in accordance with BC Hockey and Hockey Canada Guidelines. Participants and volunteers of KMHA may be subject to disciplinary action for violation of this locker room policy and /or engaging in any misconduct or abuse that is in violation of the Respect in Sport Program. To file a complaint the KMHA Complaint Submission Form must be used to file the report. This form is available on our web site or can be requested through the Association Secretary at [kitimatminorhockey@gmail.com](mailto:kitimatminorhockey@gmail.com)